

CADET CUPBOARD FOOD DRIVE

Saturday, Oct. 15 from 9 a.m. – 12 p.m.

Hilton High School

(Door #14)

- Did you know that for \$6, you can feed a child in need in our community for an entire weekend?
- Cadet Cupboard, a weekend backpack program for Hilton Central School District students, provides children in need with essential, nutritious food that they can subtly take home and safely prepare on their own.
- Food is a basic need for everyone but especially for growing children. Childhood nutrition is critical to their mental and physical development.

BUT WE NEED YOUR HELP!

Monetary donations are also greatly appreciated. Visit hiltoneducationfoundation.org

For more information, contact Scott Ziobrowski, Food Service Director, at 392-1000, ext. 2152.



Donations of the following kid-friendly, nonperishable items are needed:

- ✓ Peanut butter (12 ounce jar)
- ✓ Whole grain crackers
- ✓ Canned pastas (pop-top can)
- ✓ Soups (pop-top can)
- ✓ Beef stew (pop-top can)
- ✓ Canned or packets of tuna fish or chicken
- ✓ Healthy cereal – small boxes
- ✓ Oatmeal packets
- ✓ Ramen noodles
- ✓ Rice or instant potato packets
- ✓ Macaroni and cheese (microwaveable)
- ✓ Fruit cups (peaches, applesauce, etc.) – 4 ounce
- ✓ Vegetable cups (corn, green beans, etc.) – 8.5 ounce
- ✓ Trail mixes
- ✓ Raisins, dried fruit (snack-size boxes)
- ✓ Pudding cups
- ✓ Juice boxes (apple, orange, or other 100% juice)
- ✓ Milk, both white and chocolate (do not require refrigeration)
- ✓ Cereal bars or granola bars

Please no perishable, glass or expired items. Items should be small enough to fit in a backpack.